




Receiving True Love 21 Day Meditation

**"Life has taught us that love does not consist in gazing at each other,
but in looking outward together in the same direction."**

~ Antoine de Saint-Exupery

**The more you are aware of
your passion, the more
you know what you want
to create in your life the
easier it will be to
recognize when
your True Love
walks in your
door. And just
think of how
much you will
have to
talk about!**



Day 17: Connecting to Your True Love: Your Creation with Your True Love

**Today is the day to let your
imagination soar!**

A true love relationship is not just about the emotional experience between two people. It is also about creating a life together.

**What type of life do you want to
create with your True Love.**

Scott and Bea Johnson She was an artist and he an eco-business consultant. They both shared a passion for the environment when she felt compelled to totally eliminated trash from their home. They worked together to find replacements for almost all of the household items, like using glass jars for meat instead of purchasing packaged meat at the store. They both wanted to create an eco-friendly home and make world a better place for their children.

Kathryn Alice and her husband wanted to live a traveling lifestyle. They spent several years living in different countries for a month or two at a time with their three sons. While traveling, she became a best selling author and grew her on-line coaching business while experiencing many beautiful places in the world.

So breathe deeply, with each inhale allow the knowing that you and your True Love can create the life of your dreams. Allow this knowing to fill your body. With each breathe allow this feeling of knowing and faith to fill your body more deeply than you ever thought possible.

Picture the life you want to create with your true love.

Do you want to live on the beach, have children and teach them to surf? Do you want to have a home in the country and grow your own vegetables? Or do you want to lead an alternative lifestyle, traveling the world?

"Dreams are like the paints of a great artist. Your dreams are your paints, the world is your canvas. Believing, is the brush that converts your dreams into a masterpiece of reality". Unknown

If you feel any resistance to this, don't worry about it simply breathe through it.